

Grove Pre-School  
St Mary's Grove,  
Nailsea,  
BS48 4NQ  
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## Autumn Term 1 Newsletter 2025

We are looking forward to welcoming our new starters and welcoming back our returning families. We hope you are having a great summer holiday. We are looking forward to working in partnership with you to support your children throughout this year with their learning and development.

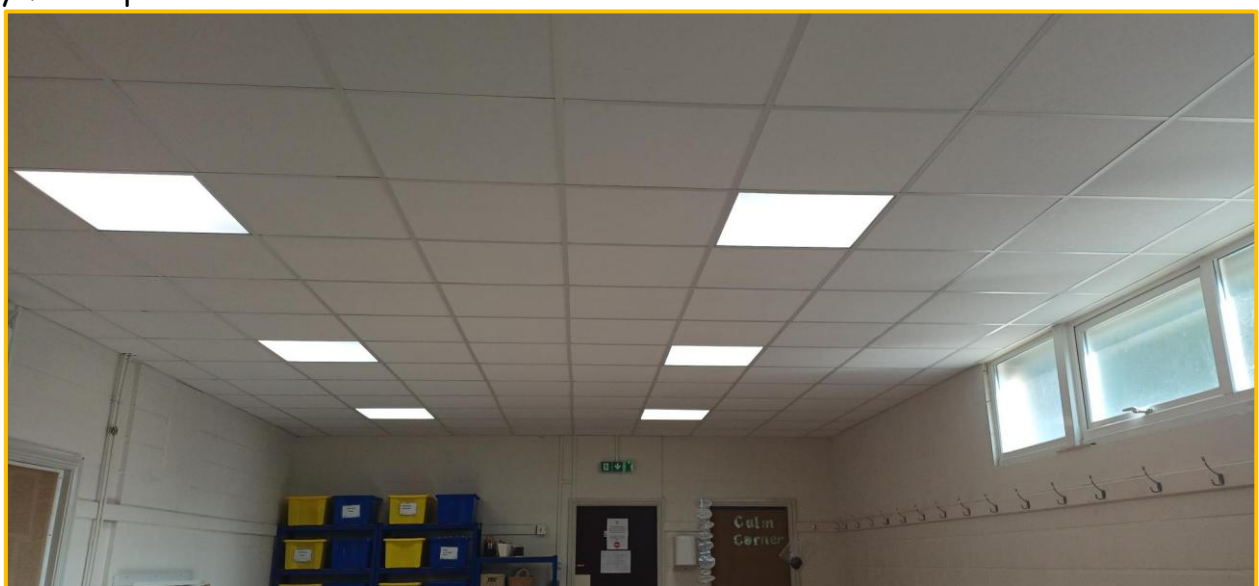
The first day of Pre-school for the new term is **Monday 1st September**.

**Please take time to read the information, including 'Information for new starters and reminders' there have been some changes and updates to this section.**

I'm excited to share with you that over the summer the ceiling has been lowered in the Pre-school room as part of our climate sustainability action plan. This has been partly funded by the fundraising that our families have done for Pre-school through their organised events and through our Pre-school events such as the Easter hat parade.

This installation aims reduce our overall energy usage going forward, keeping it cooler in the summer and warmer in the winter whilst using less power, it also has the added benefit of changing the acoustics in the room, reducing any echoes!

I'd like to say a huge thank you to everyone who has been involved in fundraising and the construction of the ceiling! Lots of work is going on behind the scenes to get Pre-school ready for September.



Best wishes  
Caroline Reynolds  
Grove Pre-school Leader

### Staffing update

Over the summer, Miss Thyer has said goodbye to Pre-school.

We enjoyed having her as part of our Pre-school community and we wish her well in for her future endeavours.

### Themes and learning opportunities

The Early Years Foundation Stage (EYFS) sets the standards that all early years providers must meet to ensure that children learn and develop well and are kept healthy and safe. It promotes teaching and learning to ensure children's 'school readiness' and should support children to gain a broad range of knowledge and skills that provide the right foundation for good future progress through school and life. We also follow the non-statutory guidance, 'Development matters' to help support our own knowledge.

We will provide a high quality, enabling environment that supports the seven areas of learning and nurtures children's interests. The curriculum will continue in the format of 'themes' and will support each unique child. The themes will be as follows:

1<sup>st</sup> September- 26<sup>th</sup> September: Numbers and shapes

29<sup>th</sup> September- 24<sup>th</sup> October: Autumn and animals

3<sup>rd</sup> November- 28<sup>th</sup> November: All about me

1<sup>st</sup> December- 16<sup>th</sup> January: Winter

19<sup>th</sup> January- 13<sup>th</sup> February: Transport and construction

23<sup>rd</sup> February- 20<sup>th</sup> March: People who help us

23<sup>rd</sup> March- 1<sup>st</sup> May: Spring and animals

4<sup>th</sup> May- 5<sup>th</sup> June: Health and wellbeing

8<sup>th</sup> June- 3<sup>rd</sup> July: Space, the world, travel, summer

6<sup>th</sup> July- 20<sup>th</sup> July: School and transitions

We will also be following and supporting the children's interests and incorporating them to support their learning. Alongside our themes, we have accompanying songs and themed poems from 'The Poetry Basket' as well as letters of the week - the first letter of the week will be 'A', the number of the week will be number '1' and the poem will be 'Leaves are falling'

### Show and Tell

At Pre-school we welcome every child to bring something in from home to 'show and tell' during morning registration. It's a great opportunity for them to extend their communication, language and personal, social and emotional development. To make it fair, we ask that children show something **once** a week to allow everyone to have a turn. We are asking for children to bring in specific items such as something that shows their achievements, something they have made, something related to our letter of the week or an item related to our current theme.

### Helpers at Pre-school

If you or a family member have a job or a hobby that you would like to come to Pre-school to tell our children about or if you would like to come and read a favourite story or help us with our garden area, it would be lovely to invite you in.

It's great for our children to hear from different members of our community.

Please let a member of staff know and we can arrange a convenient date for you.

## Sessions from September 2026 and Step-up Activities

If you are looking for any extra sessions for your child throughout the year or from next September 2026, do let us know ASAP so we can reserve those sessions for you as we receive enquiries and take new children throughout the year and we are currently looking quite full.

If you would like to change sessions previously reserved, please let us know this too.

During the week we spend time doing 'Step-up' activities with older children that will be starting school the following September, during the main sessions. 'Step-up' activities involve more advanced, structured activities focusing on encouraging children with further learning and development to help promote independence and to encourage them to be more 'school ready' such as getting them more familiar with their name, practicing writing their name, playing group games that involve turn taking and doing activities to help promote learning about the world, independence and positive decision making.

## Safeguarding

**Our Safeguarding statement: "We are committed to promoting the welfare of and safeguarding all of our children and expect everyone to share this commitment"**

Our designated safeguarding lead (DSL) is Assistant Leader, **Nicola Brierley**, in her absence, Assistant Leader **Nikki Ferguson** is also qualified to deal with any instances or queries relating to safeguarding. Leader, **Caroline Reynolds** is designated safeguarding officer and oversees any safeguarding work. If you would like to speak to us privately regarding the safeguarding of any child, we can accommodate this.

Below is a reminder of our statutory duties in safeguarding all children:

There may be times when staff are required to have difficult conversations with you. Where staff are concerned about a child's safety or welfare, they may ask questions you may find uncomfortable or upsetting. Please understand they are normal procedure and we are not passing judgement.

If we need to take further action, as a result of our conversation, we will inform you, unless we feel doing so would cause more risk. We must do this as part of the statutory duties that apply to **all** early years providers. We are required to note any existing injuries on an existing injuries form.

Please let us know if your child has an injury at home or on their way to Pre-school. We understand that children have accidents. If you do not inform us when you drop your child off, we will need to ask you how your child has any injury such as a bruise or other mark. This will then be recorded for you to sign.

If you would like to discuss anything further, please speak to a member of staff.

## Term Dates September 2025- July 2026

Term	First Day of Term	Last Day Of Term
Autumn Term 1	Monday 1 <sup>st</sup> September 2025	Friday 24 <sup>th</sup> October 2025
Autumn Term 2	Monday 3 <sup>rd</sup> November 2025	Friday 12 <sup>th</sup> December 2025
Spring Term 1	Monday 5 <sup>th</sup> January 2026	Friday 13 <sup>th</sup> February 2026
Spring Term 2	Monday 23 <sup>rd</sup> February 2026	Friday 27 <sup>th</sup> March 2026
Summer Term 1	Monday 13 <sup>th</sup> April 2026	Friday 22 <sup>nd</sup> May 2026
Summer Term 2	Monday 1 <sup>st</sup> June 2026	Monday 20 <sup>th</sup> July 2026

Pre-school is closed during Bank holidays.

## Nailsea Carnival

Next year, we would really like to participate in Nailsea Carnival as a Pre-school again- This year's carnival was a fantastic community event, we chose the theme of 'People Who Help Us' and we won first prize! Thank you to all the parents/carers who created and contributed their fantastic ideas!

Nailsea Carnival is held on the first Saturday of July, next year this should be **Saturday 4<sup>th</sup> July 2026**- please save the date, we will be picking a different theme and we are hoping for an even bigger turn out next year! I will confirm the details closer to the time.



## INCCO- Special educational needs.

At Pre-school, our appointed member of staff to support and oversee inclusion and special educational needs is Caroline Reynolds. In North Somerset this all comes under the category of 'Inclusion support co-ordinator'- INCCO. As part of my duties as Pre-school INCCO, I work closely, supporting children, staff and families.

As part of my duties as Pre-school INCCO, I work closely, supporting children, staff and families. We regularly review children's progress, including each key person completing a statutory 2 year check for all 2 year olds. If we see that a child needs support in a specific area such as speech and language, we will discuss this with you. If you have any concerns about your child's development please let your key person or me know

The North Somerset SEND hub is a useful website for parents/carers to view to see what is available in our area.  
[SEND Hub \(Local Offer\) | North Somerset Council](#)

## Online Support for All Families

### Tiny Happy People

All children need support with their emotional development at times, they are all learning and there is not a 'one size fits all' - every child is unique. There are lots of useful tips to try on this website: [BBC Tiny Happy People - Tips and Advice](https://www.bbc.co.uk/tiny-happy-people/behaviour-and-wellbeing) particularly the 'managing mini emotions' <https://www.bbc.co.uk/tiny-happy-people/behaviour-and-wellbeing>



### EYA

At Pre-school, we are a member of Early Years Alliance, they offer a service to support families with their children -

[Free online learning for all the family - Join our courses for parents of 0-5s | Family Corner](#)

Family corner helps families to develop positive home learning environments. They offer a wide range of exciting sessions for parents and carers who would like to learn more about supporting their child's learning.



### Pre-school Curriculum goals

At Grove Pre-school we will provide an enabling environment that supports and extends all children's learning and development, including children with English as additional language and Special Educational Needs.

We will implement the Early Years Foundation Stage to holistically cover all 7 areas of learning and development and support all characteristics of effective learning through flexible planning which is responsive to individual children's needs, interests and experiences.

As follows are goals that are important to us at Grove Pre-school. We aim to work in partnership with parents/carers to help children to be able to learn, remember and master some important skills by the end of their journey at Pre-school.

#### **Communication and language:**

- To know and be able to recite, with actions, at least 6 poems from the Poetry basket with support
- To know and be able to sing at least 6 familiar songs, with actions
- To be able to retell our chosen Pre-school stories - 'Barbara's Very Useful Guide to Moods' by Nadia Shireen, 'The Very Hungry Caterpillar' by Eric Carle, 'Misha Makes Friends' by Tom Percival, 'We're going on a Bear Hunt' by Michael Rosen and 'The Three Little Pigs' by First Readers

#### **Personal, social and emotional development:**

- To be aware of their different emotions and know at least 2 healthy ways to help regulate their own emotions, with the help of our wellbeing box.
- To know our pre-school rules that support our British values. - Play safe, be safe, share and take turns, listen to each other, be kind to others and have fun!

#### **Physical Development:**

- For children to be able to complete an obstacle race
- To be able to be independent and knowledgeable about their self care -to be able to use the toilet, washing their hands properly, putting their shoes and coats on.
- To make healthy choices about food, drink, activity and oral hygiene

#### **Literacy:**

- To show an early interest in stories and a passion for reading with a focus on our 5 chosen Pre-school books - 'Barbara's Very Useful Guide to Moods', 'The Very Hungry Caterpillar', 'Misha Makes Friends', 'We're Going on a Bear Hunt' and 'The Three Little Pigs'
- To know the structure and storyline of our 5 chosen Pre-school books and be able to reference them and describe what happens during the different parts - beginning, middle and the end.
- To recognise and write some of their name

#### **Maths**

- For children to be able to subitise and have a deeper understanding of numbers 1-5
- To be able to describe a familiar walk and route we take at pre-school

#### **Understanding the world**

- To know the metamorphosis process of a caterpillar to a butterfly and to know how to grow a seed into a plant
- To have positive attitudes about the difference between people

#### **Expressive Art and Design**

- To be able to show different emotions through the media of dance, paint and role play
- To be able to play instruments with increasing control and meaning



## Arrangements for drop off and pick up

### Early drop off

If you wish for your child to start Pre-school earlier, we offer an 8.30 start for a fee of £6 each time, please arrange this in advance via email or talk to a member of staff.

Drop off is from 9am, at the start of the day, a member of staff will greet you and your child at the gate, please remain outside the gate before this time.

A member of staff regularly checks the gate for new or late arrivals in the morning. Children can enter once a member of staff is there and the remaining members of staff will be inside to welcome everyone.

Children are welcome to come in independently if they are able to. However, you can bring your child in, help hang their things up on a peg (new starters will make their peg hanging name cards during their first week) and help them to settle on the carpet ready for morning registration.

Mornings can be busy, if you wish to speak to a member of staff you are welcome to wait until we have welcomed all the children into Pre-school and helped them with their individual needs and a member of staff is available.

At pick up we welcome parents/carers in at 3pm, please wait outside the gate until a member of staff invites you in. You may be asked to show **photographic ID** if a member of staff who hasn't met you yet is on the gate. Please notify us at drop off if there are any changes to the person picking up or notify us ASAP if this changes throughout the day. If someone different is to pick up your child, please notify us, they will be required to bring ID. They will also need to provide us with a password if they are not on the registration forms.

**Drop off - 9am (or 8.30am if booked for an early start)**

**Pick up- 3pm for all**

### Clothing

We encourage outside activity and regularly go for walks.

With the changeable weather, please ensure your child has suitable clothing - no shoulders showing, and footwear- no open toed shoes.

Please provide named **wellies** in a bag and a named **sun hat**, that your child likes and knows is theirs, to stay at Pre-school all year round.

**Please apply all day sun cream during spring and summer months**

Please provide changes of clothes including pants/socks or nappies/wipes if they wear them in your child's bag

If you wish to purchase any you can do so online:  
Uniform is optional, if you would like your child to wear a uniform you can purchase it here:

<https://www.gouldgarments.co.uk/grovepreschool>

### Books and book bags

We are fortunate to have several boxes of books at Pre-school the children can borrow these (new children will receive a book bag during their first week at pre-school, if not before) this will include a book to record any comments about the books read, what your child thought about the books and any reading progress. You can also use the record book to write a note for your child's key person.

There will be an information sheet and 'Family book' enclosed, please fill this with family members, pets and anything of importance to your child. These are a great resource to help your child settle and to help them share their home life with us. There is also a 'wow' sheet, this is for sharing 'wow' moments with us- your child's achievements.

We will be sending several books home at a time so please only send in book bags a maximum of once a week or when the books have been read.

## Fees

**Invoices are issued via Tapestry 'Memos'** - if you have any questions, please speak to Caroline Reynolds

### Session fees/ funding

If paying privately the cost is £24.00, per session (3 hours) this can be paid monthly/weekly/daily or half termly in advance. Fees continue to be payable if a child is absent. Where there is availability, we will sell sessions. Please ask a member of staff if you would like to book any temporary extra sessions.

Early starts from 8.30am are available, paid privately at the cost of £6.

Each child's attendance is conditional upon continued payment of any necessary fees and/or funding. We expect children who are eligible for funding to use funding for all their sessions at Pre-school or to pay fees as above, we therefore expect that at the end of the first week of term we will have received a payment from each parent/carer for a monthly/weekly/ daily or half termly payment or a completed Funding form.

### Funding codes

Funding codes for up to 30-hours last approximately 3 months from the date you received the code, you should receive an email but please make a note to re-check/verify every 3 months.

For more information visit: [www.gov.uk/30-hours-free-childcare](http://www.gov.uk/30-hours-free-childcare)

### 2-Year-Old Funding for Families Receiving Additional Support

The link for parents/carers to apply for 2-year-old funding for families receiving additional support is:

<https://live.cloud.servelec-synergy.com/NorthSomerset/Synergy/>

Please contact Maria Powell or Liz Owen via [Two.YearoldFunding@n.somerset.gov.uk](mailto:Two.YearoldFunding@n.somerset.gov.uk)

if you have any queries about applying for the funding.

### Tax-Free Childcare

You can subsidise payments via tax free childcare if you are eligible, a contribution is made towards your payments, for more information visit: [Tax-Free Childcare - GOV.UK \(www.gov.uk\)](http://www.gov.uk/tax-free-childcare) /

<https://www.gov.uk/tax-free-childcare>

The URN Ofsted registration number, if using tax free childcare is 2653730

Registered as: Mrs C Reynolds, Grove Preschool.

### Resource fee

We ask for a resource fee contribution, without it we would be unable to cover extras such as fruit, drawing materials, extra resources, seasonal gifts. You can pay termly (6 times a year) or yearly.

Hours attending per week	Resource fee per term	Total per year
3-15	£11.00	£66.00
16-30	£16.00	£96.00

### Bank details for Pre-school

Grove Preschool Nailsea Limited

Account number: 19949720

Sort code: 04-06-05

**Please use your family name as the reference. We do not take cash payments.**

### Contact Details

Please notify us of any changes of home address/ telephone number/ email address as soon as possible so we can update our records. **All our contact details are at the top of the newsletter.**

## Emergency Closures

In the event of extreme weather or illness causing staff shortages resulting in us having to close, a memo will be posted on Tapestry and a Facebook post will confirm this.

## Absences

Please let us know via telephone call, each day of absence before 9am if your child will not be attending and why, for our safeguarding and records. You can call either telephone numbers 07722326993/07749240004. If you are unable to call, please email us: [info@grovepreschoolnailsea.co.uk](mailto:info@grovepreschoolnailsea.co.uk)

**Please do not post on Tapestry as this may not be seen soon enough.**

Please do not expect a reply, if we have not received communication from you, for safeguarding reasons, we will contact you.

## Food and drink

**Please inform us of any changes to allergies or dietary requirements as soon as possible.**

As part of the EYFS we encourage children to make healthy choices about food and drink, please help support this by providing healthy food choices in their lunch box and **only water** in their water bottles for Pre-school.

### Snack time

We will provide a variety of different fruit/ vegetables alongside a drink for your child to choose for a snack during the morning session- the cost is covered in the resource fee.

### Lunch boxes

Children staying past 12 or attending at 12 for lunch will need to bring a packed lunch in a named washable lunch box with an ice pack - we provide a safe space for lunch boxes and make sure the children are aware that lunch boxes are to be used at lunch time.

We are under regulatory obligation to provide healthy, balanced and nutritious food to children where supplied - this is usually just snack time where it will be a piece of fruit. We must encourage healthier food choices for packed lunches, this includes supporting parents/carers to provide:

A balanced diet covering the 4 main food groups

a variety of fruit and vegetables to access different vitamins and nutrients.

**We are also asking that you avoid foods and drinks high in salt, sugar and saturated fat, milk and water are the only drinks that can be consumed at Pre-school.**

**- Please see advice below regarding the statutory framework for healthy eating and choking hazards, the leaflet is in poster form so it can be viewed in full without printing.**

**Please remember to cut grapes and cherry tomatoes as these are a choking hazard for young children. We are a nut free setting, please do not include any nuts or foods containing nuts.**

### Drinks

We provide milk or water in a cup at snack time and lunch time.

**Please provide a named water bottle for your child so they can have access to water throughout the day.**

### Celebrations

Many families like to celebrate their child's birthday and other special events such as a holiday by bringing in a cake or sweets to the setting to share. This can mean that some children are eating these unhealthy foods several times a week. Due to updates in the EYFS and our food and in line with this, our nutrition policy, we can no longer regularly share unhealthy celebratory food. Due some months being busier than others for celebrations, we are suggesting celebrations involving food remain entirely healthy- for example fruit platters to share, or involve non-edible options to celebrate with such as bubbles or stickers. If you would like to discuss this further, please let me know.



## Tips

- Base the main lunchbox item on food like bread, pasta, rice and potatoes choosing wholegrain where you can.
- Don't like wholegrain bread? Try making a sandwich with one slice of white and one slice of brown bread. You can freeze bread to keep it fresh for longer while introducing them to different types of bread.
- Try to include a pot of veg such as chopped cherry tomatoes, carrot sticks or cucumber. You could add a pot of hummus or reduced fat cream cheese to go with this which makes the lunch more interactive and exciting for the child.
- Swap crisps for things like breadsticks or rice cakes.
- Swap cereal bars, cakes, chocolate and biscuits for things like malt loaf, fruit

•I don't have time to make everything from scratch: Try making the packed lunch the night before, cook extra pasta, rice or couscous and add that to the packed lunch as an alternative to sandwiches.

•My child is very fussy with what they will eat, and I'm worried they will be left hungry: Try making small changes, such as adding in something new that is healthy before taking things away. Children often copy their peers so find out what other children have in their packed lunch and add some of these in. Get the child involved in making the lunch, but limiting their options to health ones

•I can't afford to buy healthy options for my child's packed lunch: Although healthy options can often seem expensive, remember the child only needs me size portions. If they enjoy berries, frozen options are much cheaper and last longer, you can pop them in a tub in their lunchbox and they will be defrosted by lunchtime. Batch cooking can also be a cost effective way of preparing lunches for a few days, such as tuna pasta.

•My child will not drink water: Try adding fruit such as oranges and lemons to the water to add some flavour.

•I have tried putting in healthy options, but my child doesn't eat them, and I don't want to waste food: Food waste is never ideal, however children often go through phases of eating foods and then rejecting them. It's good to keep offering the child these options but make their lunch varied so they don't get bored. Keep persevering.

•I don't drive and my local shop is expensive with limited options: Have you tried online delivery options? although there is a charge for this, you can restrict your shopping to essential items only rather than picking things up as you see them, so it often means spending less. This can also help with saving time as you can repeat your order rather than selecting everything each week.

## Snack ideas

Breadsticks  
Rice cakes  
Fresh or frozen fruit  
Chopped veg and hummus  
Plain natural yogurt  
Cheese and crackers  
Fruit loaf  
Boiled eggs  
Pitta bread slices with low fat cream cheese

## Me size portions

The British Nutrition Foundation recommends children follow a 5-5-3-2 portion guide, this is across the **whole day** to be spread over meals and snacks.



### Water

•1 - 1.2 litres of water



### Starchy foods

Five portions  
•Bread 1/2 - 1 slice  
•Cooked pasta or rice 2-4 tablespoons  
•Rice or oat cakes 1-2  
•Chapati 1/2-1

## Fruit and Veg

Five portions  
•Sliced grapes 3-8  
•Veg sticks 2-6  
•Sliced cherry tomatoes 1-3  
•Apple 1/4-1/2  
•Banana 1/4-1  
Dairy foods  
Three portions  
•Milk - 100ml  
•Yoghurt 125ml  
•Cheese triangle 1



### Protein foods

Two portions  
•Boiled egg 1/2-1  
•Chickpeas, kidney beans, dhal, lentils or beans 2-3 tablespoons.  
•Tuna 2-3 tablespoons.



Healthy Early Years North Somerset

## Healthy lunchboxes for preschool children



## Eatwell Guide

Check the label on packaged foods. Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.



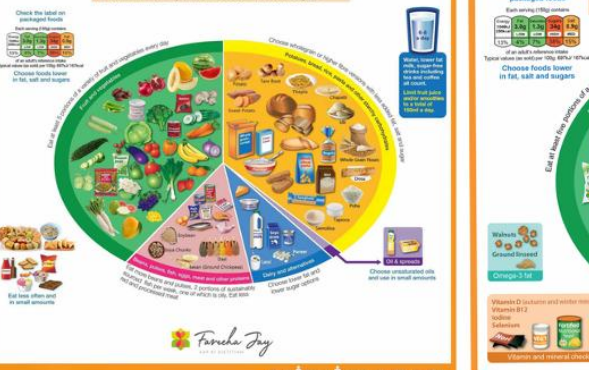
## Vegetarian Eatwell Guide

Check the label on packaged foods. Use the Vegetarian Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.



## The South Asian Eatwell Guide

Check the label on packaged foods. Use the South Asian Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.



## Vegan Eatwell Guide

Check the label on packaged foods. Good nutritional planning is about balancing food groups well and using fortified foods and supplementation wisely. Use the Vegan Eatwell Guide to help you get all the nutrients you need without animal products.



There is also an African and Caribbean Eatwell Guide which can be accessed on the BetterHealthNS website.

Scan the QR code below





# Early years food choking hazards

Below is a table of advice on key foods for care givers who are involved with preparing and serving food for babies and young children (under 5 years old)

Vegetable and fruits	Advice
Pips or stones in fruit	Always check beforehand and remove hard pips or stones from fruit.
Small fruits	Cut small round fruits like grapes, cherries, berries, strawberries and cherry tomatoes, into small pieces: cut lengthways and then again cut them in halves (quarters).
Large fruits and firm fruits	Cut large fruits like melon and firm fruits like apple into slices instead of small chunks. For very young children, consider grating or mashing firm fruits, or softening them up by steaming or simmering.
Vegetables	Cut vegetables like carrots, cucumber and celery into narrow batons. For very young children consider grating or mashing firm vegetables and legumes like butter beans, chickpeas and tofu, or softening them up by steaming or simmering.
Skin on fruit and vegetables	Consider removing the skin from fruit and vegetables, especially for very young children. Peeled fruit and vegetables can be swallowed more easily.
Cooking fruit and vegetables	Consider softening firm fruit and vegetables (such as carrots, broccoli, yam and apples) by steaming or simmering until soft. Serve cut into slices or narrow batons.
Meat and fish	Advice
Sausages and hot dogs	Cut sausages and hot dogs into short strips. Cut them in half and then lengthways or as thinly as possible. Peeling the skin off the sausages helps them to be swallowed more easily.
Meat or fish	Remove bones from meat or fish. Cut meat into strips as thinly as possible. Remove skin and fat from meat and fish, it will help the food pass smoothly down the throat.
Cheese	Advice
Grate or cut cheese	Grate or cut cheese into short strips. Cut lumps of cheese as narrow as possible.
Nuts and seeds	Advice
Chop or flake whole nuts	Chop or flake whole nuts, peanuts and seeds. Whole nuts should not be given to children under five years old.
Bread	Advice
White bread and other breads	White bread can form a ball shape with a dough-like texture at the back of a child's throat, if not chewed properly. Brown bread or toasted white bread are good alternatives. Cut bread, chapatis, naan bread and other breads into narrow strips.
Snacks and other foods	Advice
Popcorn	Do not give babies and young children popcorn.
Chewing gum and marshmallows	Do not give babies and young children chewing gum or marshmallows.
Peanut butter	Do not give babies and young children peanut butter on its own, only use as a spread.
Jelly cubes	Do not give babies and young children raw jelly cubes.
Boiled sweets and ice cubes	Do not give babies and young children boiled, hard, gooey, sticky or cough sweets, or ice cubes.
Raisins and other dried fruits	Do not give babies under the age of 1 whole raisins or dried fruits. Cut them into small pieces.

## Our Pre-school rules

During the first week back at Pre-school, we will be reminding returning children and introducing new children to our 5 Pre-school rules, these follow our British Values.

We will be working on supporting the children to remember and follow them to help create a positive Pre-school environment.

Please support us at home by talking through them with your child in preparation of them returning/ joining us at Pre-school.

**Be kind to all** - using kind words and kind hands/ feet

**Share and take turns**- We support children to do this using sand timers and name lists for fair turn taking

**Play safe, be safe**- not running inside, keeping shoes on, listening to instructions

**Look after our things**- Pre-school resources are for all to enjoy and we would like to encourage the children to help to take care of them like they would their own toys at home

**Listen to others**- including their friends, any visitors and the teachers at Pre-school



## Online Communication

### Tapestry

**We use Tapestry as our primary source of communication to work in partnership with parents.**

Tapestry has multiple functions, not only can you view your child's personal online learning journal with records of photos and observations of your child you can also view documents via memos which will include **information, updates, newsletters, invoices, fee reminders and emergency closures due to weather etc.**

For information on how to use Tapestry please visit: <https://support.tapestry.info/parents-carers/>

**Please check Tapestry regularly to view your child's observations and important Memos**



**Once you have read memos, please 'like' the post so we know you have seen it.**

Email invites have been sent out from Tapestry to all new families and re-sent to parents/carers who have not yet set their account up (Please check junk/spam)

Thank you to the parents who have already signed up- if you are having any trouble accessing this or would like to add another family member to receive updates, please email and let us know.

### New Families

Please go into your child's account, on the right-hand side it says "About me" please complete this section to help us learn more about your child and create a starting point to help us support continual progression.

Please note: the staff have a rota for observations each staff has multiple key children, with this in mind, there will not be updates every time your child attends, but there will be focused observations initially to establish a 'starting point' and 'Wow' moments, There is a general update weekly for all families.

### Facebook

We have a Facebook page where we share more general information and updates, to like our page search **Grove Preschool Nailsea**

### Instagram

Follow us on Instagram: [www.instagram.com/grovepreschoolnailsea](http://www.instagram.com/grovepreschoolnailsea)

**If you are having trouble accessing anything online please speak to a member of staff.**

**You are welcome to chat to a member of staff at any time, call us during session times or email us if needed.**